REVIEW

# Chemotherapy-induced neurotoxicity: the value of neuroprotective strategies

A.J.M. Beijers<sup>1</sup>, J.L.M. Jongen<sup>2</sup>, G. Vreugdenhil<sup>1\*</sup>

<sup>1</sup>Department of Internal Medicine, Maxima Medical Centre, Veldhoven, the Netherlands, <sup>2</sup>Department of Neurology, Erasmus Medical Centre, Rotterdam, the Netherlands, \*corresponding author: tel.: +31 (0)40 8885297, fax: +31 (0)40 8888246, e-mail: g.vreugdenhil@mmc.nl

### ABSTRACT

Chemotherapy-induced peripheral neuropathy (CIPN) is a common major dose-limiting side effect of many chemotherapeutic agents, including platinum compounds, taxanes, vinca alkaloids, thalidomide and newer agents such as bortezomib. The incidence and degree of neuropathy depends on the type of cytotoxic drug, the duration of administration, cumulative dose and pre-existing peripheral neuropathy. Because of increasing survival rates of patients treated with neurotoxic agents, CIPN is accompanied by a significant decrease in the patient's quality of life among cancer survivors. Therefore, several neuroprotective strategies, including calcium/ magnesium infusion, amifostine, gluthatione, glutamine, acetyl-L-carnitine and erythropoietin as most promising, have been investigated to decrease the neurotoxicity without compromising anti-tumour efficacy. However, clinical evidence for the efficacy of these drugs is sparse. In this review we will give an outline of the neurotoxic effects of chemotherapeutic agents, their clinical manifestations and potential neuroprotective strategies.

# K E Y W O R D S

Bortezomib, chemotherapy, cisplatin, neurotoxicity, oxaliplatin, paclitaxel

# INTRODUCTION

Chemotherapy-induced peripheral neuropathy (CIPN) is due to the inability of chemotherapeutic agents to differentiate between malignant and healthy cells.<sup>1</sup> CIPN is a common major dose-limiting side effect of anti-tumour treatment.<sup>2-5</sup> As a result of this dose reduction, delay and withdrawal may lead to decreased chemotherapy efficacy

and survival.1-7 The incidence of CIPN varies from 30 to 40% of patients receiving chemotherapy and depends on the type of cytotoxic drug, the duration of administration, cumulative dose and pre-existing peripheral neuropathy.<sup>2-7</sup> Symptoms are predominantly sensory, but the neurotoxicity also appears as a sensory-motor neuropathy and occasionally it will be accompanied by dysfunction of the autonomic nervous system.<sup>5,6</sup> Although the peripheral nervous system has a high regenerating capacity, the cell body needs to be spared and a period of recovery is needed to achieve sufficient repair. In severe damage, CIPN is only partly reversible and sometimes even completely irreversible.4.5 Since survival of cancer increases, CIPN may significantly interfere with a patient's quality of life among cancer survivors.1-8 Despite multiple studies there is still no consensus on how to prevent CIPN. In this review we will give an outline of the neurotoxic effects of chemotherapeutic agents, their clinical manifestations and new developments in neuroprotective strategies.

# NEUROTOXIC CHEMOTHERAPEUTIC AGENTS

Frequently used chemotherapeutic agents associated with neurotoxicity include platinum compounds, taxanes and vinca alkaloids *(table 1).<sup>2-7</sup>* In addition, proteasome inhibitors, such as bortezomib, and treatment with thalidomide, are associated with CIPN.<sup>2,4,6</sup>

#### Platinum compounds

The platinum compounds oxaliplatin and cisplatin are commonly associated with CIPN.<sup>2,3,9</sup> The mechanism by which neuropathy is induced is unclear. Several trials have suggested that platinum compounds accumulate in the dorsal root ganglia and oxaliplatin also produces

© Van Zuiden Communications B.V. All rights reserved.

# The Journal of Medicine

Table 1.neuropath	Chemotherapeutic Y	agents	causing	peripheral
Chemothera	peutic agents			
Platinum co	mpounds			
Cisplatin				
Oxa	liplatin			
Car	boplatin			
Taxanes				
Pac	itaxel			
Doc	etaxel			
Vinca alkalo	ids			
Vin	cristine			
Vin	blastine			
Vin	orelbine			
Other agent	S			
Bor	tezomib			
Tha	lidomide			
Len	alidomide			

axonal hyperexcitability and repetitive discharges due to changes in voltage-dependent Na<sup>+</sup> channels.<sup>4,9-12</sup> The neuropathy, due to cisplatin, is usually reversible and typically appears three to six months after treatment has started, and continues after discontinuation, which is called coasting.<sup>2,5,13</sup> It is predominantly sensory and presents with paresthesias, loss of vibration sense and decreased tendon reflexes. In severe cases, patients develop sensory ataxia and Lhermitte's syndrome.14 Lhermitte's syndrome is a shock-like sensation of paresthesia radiating from the back to the feet during neck flexion. These clinical manifestations are accompanied by interference in activities of daily living in 6% of patients.<sup>2,5,13,14</sup> Unlike cisplatin, oxaliplatin causes no nephrotoxicity and only mild haematological toxicity, but CIPN occurs in approximately 90% of patients.9,12,15 The neurotoxicity presents as two different types of neurotoxicity: firstly an acute, mainly cold-triggered neuropathy, and secondly, a chronic sensory neuropathy. Shortly after oxaliplatin infusion, the majority of patients develop distal paresthesias, dysesthesias and mild muscle contractions of the hands, feet and perioral region, which are characteristically reversible within a week.3-5,9-11 In addition, the symptoms associated with chronic neurotoxicity are mainly sensory and partly reversible in 80% of patients in four to six months. In 40% of patients, symptoms disappear completely in six to eight months.4,5,9

#### Taxanes

The most important dose-limiting side effect of the taxanes, paclitaxel and docetaxel, is neurotoxicity.<sup>2-5</sup> The underlying mechanism is not entirely understood. Preferentially large myelinated fibres, responsible for tactile sensation, vibration perception and proprioception,

are affected by paclitaxel.<sup>2,13</sup> In 59 to 78% of patients a cumulative dose-dependent, painful sensory neuropathy sometimes occurs 24 to 72 hours after administration.<sup>13</sup> The clinical manifestations are paresthesias, numbness, tingling and burning, hyperalgesia, and loss of tendon reflexes, vibration sensation and proprioception. Motor neuropathy is less common and includes a mild distal muscles weakness.<sup>2,4,5,13</sup> The incidence of docetaxel-induced peripheral neuropathy is much lower than that of paclitaxel-induced peripheral neuropathy (I-9% versus 30%). The symptoms are similar, but they are usually mild and disappear spontaneously after discontinuation.<sup>5,13</sup>

#### Vinca alkaloids

Neurotoxicity due to vinca alkaloids, with vincristine as the most neurotoxic, is usually reversible on discontinuation. Nevertheless, the recovery is slow and can last for months.<sup>3,13</sup> Vincristine induces alterations in the cellular micro-tubuli structure, which leads to disruption of the axonal flow. This damage may cause a painful sensory neuropathy and autonomic dysfunction occurs in one third of the patients.<sup>2,3,5,13</sup> In advanced stages, muscle weakness up to paralysis may appear.<sup>2,4,5,13</sup> In patients with pre-existing hereditary neuropathy, administration of vincristine could lead to rapidly evolving paralysis similar to Guillain-Barré syndrome.<sup>2,4,5</sup>

#### Other chemotherapeutic agents

Thalidomide-associated neurotoxicity appears in approximately 40% of patients, is also cumulative dose-dependent and is due to damage to the dorsal root ganglia.<sup>2,3,13,16</sup> Clinically, it is characterised by paresthesias and a considerable loss of tactile and pain response.<sup>2,3,13</sup> Bortezomib, a novel agent for the treatment of multiple myeloma, usually causes a painful sensory neuropathy with a sharp or burning pain of the feet and fingertips and in approximately 10% of patients also autonomic dysfunction.<sup>2,3,6,13,16</sup> Motor neuropathy is not common with bortezomib and thalidomide.<sup>6,16,17</sup> Symptoms are completely reversible in 60 to 75% of patients receiving bortezomib within a median follow-up of six months, versus 25% of patients receiving thalidomide.<sup>6,16,17</sup>

# NEUROPROTECTIVE STRATEGIES AND EVIDENCE

Neuroprotective agents aim to decrease the neurotoxicity associated with cytotoxic agents by providing protection for healthy tissue without compromising anti-tumour efficacy.<sup>1,7,14</sup> Multiple strategies to prevent CIPN have been investigated (*table 2*). However, clinical evidence for the efficacy of these strategies is sparse. Because of the higher risk of CIPN developing in patients with pre-existing

Table 2.	Trials for p	revention of CIPN		
Agent	Number of patients	Results	Design	Refe- rence
Dosis	623	No difference in response rate with dose modification	RT; oxaliplatin	18
Modifi- cation	333	No difference in response rate with dose modification	RT; bortezomib	20
Ami- fostine	242	CIPN between two arms differ significantly after 6 cycles (p=0.029), with grade 0 CIN in 55% of amifostine arm vs (vs) 39% in the control arm. Grade 3-4 in 9 vs 15%	RCT open-label phase III trial; cisplatin	25
	187	CIPN grade 3-4 in 3.7% amifostine patients vs 7.2% (p=0.02) in control group	Multicentre randomised open label phase III trial; paclitaxel	26
	31	Not effective	Non randomised trial; case- control: paclitaxel/doxorubicin/ cyclophosphamide	22
	90	No CIPN in 40% vs 49% of patients with amifostine (n.s.). Grade II 12 vs 2% and grade III 2% vs 1% in amifostine arm	RCT open phase II trial; paclitaxel/ carboplatin	21
	71	Not effective	RCT placebo-controlled; double blind paclitaxel/carboplatin	23
Glutha- tione	52	Significantly less neuropathy after 8 cycles: $79\%$ in placebo group vs 43% in the GSH group (p=0.04). Less grade 3-4 neu- ropathy in the GSH group (p=0.003)	RCT placebo-controlled; double blind, oxaliplatin	27
	27	No grade 3-4 CIN in the GSH group. Grade 2 in 50% in GSH arm vs $69\%$ and grade 3 in 31% (p=0.0037) in the control arm	RCT placebo-controlled; oxaliplatin	28
	151	CIPN in 49% patients treated with cisplatin alone compared to 39% in the GSH arm ( $p=0.22$ )	RCT placebo-controlled; double blind, cisplatin	29
Ca/Mg infusion	161	69 of 161 patients received Ca/Mg. CIPN in 20% patients Ca/ Mg vs 45% without Ca/Mg (p=0.003). Less grade 3 in Ca/Mg group (8 vs 20% p=0.003)	Retrospective study	31
	174	Initially worse response rate in Ca/Mg arm	RCT placebo-controlled; double blind; oxaliplatin	32
	102	Terminated after results CONcePT. Analysis with remaining data: CIN grade 2 or more in the Ca/Mg group compared to placebo (22% vs 41%; p=0.038)	RCT placebo-controlled; double blind; oxaliplatin	33
	I44	Preanalysis in 52 patients: no difference in response rate (50% vs 53%; p=0.45). Neurotoxicity grade 3 was 5% vs 24% (p<0.001) between groups (blinding yet unbroken)	RCT placebo-controlled; double blind; oxaliplatin	34
	732	The incidence of all grade sensory neurotoxicity was 85% vs 92% in favour of the Ca/Mg arm (p=0.02). No significant difference in response rate	Retrospective study	35
Glutamine	86	Less grade 1 and 2 neuropathy and grade 3-4 neuropathy in the glutamine group after four cycles (5% vs 18%; $p=0.05$ ) and six cycles (12% vs 32%; $p=0.04$ )	Open-label; oxaliplatin	36
	45	Less weakness (56 vs 25%; p=0.04) and interference with ADL (85 vs 27%; p=0.001) in the glutamine arm	Prospective cohort study; paclitaxel	37
	86	Less weakness ( $p=0.02$ ), less loss of vibratory sensation ( $p=0.04$ ) and less toe numbness ( $p=0.04$ ) than controls	Case-control; paclitaxel	38
	43	Not effective	RCT placebo-controlled; double blind pilot study; paclitaxel	39
Vitamin E	37	CIPN in 3/16 (19%) of patients with vitamin E vs 10/16 (63%) of controls (p=0.03)	Randomised open-label; paclitaxel	40
	30	CIPN occurred in 3/14 (21%) of patients in vitamin E group vs 11/16 (69%) of the control group (p=0.026)	Randomised open-label; cisplatin	41
	41 (108)	Significant lower incidence of neuropathy in the vitamin E group (6%) than in the placebo group (42%)	Phase III; RCT placebo-controlled; cisplatin	42
	207	Not effective	Phase III; RCT placebo-controlled; double blind; multiple agents, mainly taxanes (108)	43
Erythro- poietin	In vivo	EPO significantly reduced impaired sensory nerve conduction (p<0.05), increased thermal threshold	In vivo 62 rats; cisplatin	44
	In vivo	EPO significantly improved the thermal threshold (30%) (p=0.05), nerve conduction velocity by 10-12% (p<0.05) and intra epidermal nerve fibre density	In vivo 344 rats; docetaxel	45
Acetyl-L- carnityl	25	Patients received 1g ALC. The sensory neuropathy grade improved in 15 of 25 (60%), and motor neuropathy in 11 of 14 patients (79%). Total neuropathy score (TNS) improved in 23 (92%). Symptomatic improvement persisted in 12 of 13 evaluable patients at median 13 months after ALC	Experimental; phase I trial; cisplatin, paclitaxel	53

Agent	Number of patients	Results	Design	Refe- rence
ACTH/ ORG	55	Vibration perception was maintained in the intervention arm compared to the control arm	RCT placebo-controlled; double blind cisplatin	54
	220(196)	Not effective	RCT placebo-controlled; double blind cisplatin	55
RHuLIF	117	Not effective	RCT placebo-controlled; double blind paclitaxel/carboplatin	59
Anti- epileptica	36	Not effective	RCT; oxaliplatin	56
	13	Not effective	Phase I study; oxaliplatin	57
Nerve growth factors	62	Significant correlation between the decrease in circulating levels of NGF and the severity of CIPN (r=-0.58; p<0.001)	Observational study	58
Nimo- dipine	50	Not effective	RCT placebo-controlled; double blind	60
Etho- suximide	In vivo	Decrease of pain in rats	In vivo rats; paclitaxel	61

neuropathy, alcohol abuse and poor nutritional state, prevention should begin by identifying those patients before starting chemotherapy.<sup>1,2,4,7</sup>

#### Treatment modification

Since to date clinical evidence for the efficacy of neuroprotective agents is sparse (see below), alternative dosing regimens and early detection and the use of treatment modification schemes based on common toxicity criteria may be necessary to limit the amount of damage associated with neurotoxic chemotherapy. A neurologist can be helpful in establishing the exact grade of CIPN and sometimes in differentiating CIPN from other causes of neuropathy, since this may have important therapeutic consequences. Discontinuation and reintroduction of oxaliplatin administration in a stop-and-go strategy showed the same response rate with a lower incidence of CIPN in the OPTIMOX study.2,18 Nevertheless in general dose reduction may be associated with impaired overall and disease-free survival, especially in the adjuvant setting, so that it is necessary to carefully outweigh the benefits and level of toxicity of treatment. Dose-modification strategies based on common toxicity criteria have also been described and reported to be effective in thalidomide- and bortezomib-induced peripheral neuropathy.<sup>19,20</sup> Therefore it seems an effective intervention in decreasing CIPN.

#### Amifostine

Amifostine serves as an antioxidant and binds to the metabolites of platinum compounds and alkylating agents, which protect normal tissue against the cytotoxic effects.<sup>1,14,21·24</sup> In addition to a radioprotective role, it has been proposed as a potential neuroprotective agent.<sup>21,22</sup>

The best evidence in cisplatin- and paclitaxel-induced neurotoxicity is shown in two randomised controlled trials.25,26 In both studies, patients were randomised to receive amifostine before administration or not. Although the primary study endpoint was the ability of amifostine to prevent haematological toxicity, neurotoxicity was studied as well. In cisplatin-receiving patients, the difference in neurotoxicity between the two treatment arms was statistically significant after six cycles.25 In paclitaxel-receiving patients, amifostine appeared to be neuroprotective in grade 3 and 4 neuropathy.<sup>26</sup> Other studies demonstrated no significant difference in neurotoxicity.21-23 All trials demonstrated hypotension as the major side effect and no difference in survival between groups.<sup>21-23,25,26</sup> In conclusion, amifostine potentially reduces neurotoxicity. However, as neurotoxicity was not the primary endpoint of the studies, more trials are needed to investigate this drug. Besides, amifostine is accompanied by serious side effects, stressing the importance of more clinical evidence before standard use can be recommended.

#### Glutathione

Glutathione (GSH) is involved in detoxification and protection of tissue from oxidant injury and might prevent accumulation of platinum compounds in the dorsal root ganglia.<sup>1,4,7,27,28</sup> Two small randomised placebocontrolled trials showed promising results on oxaliplatininduced neurotoxicity, with significantly less grade 2 to 4 neuropathy in the GSH arm.<sup>27,28</sup> Another larger trial with cisplatin showed a trend with less neuropathy in favour of GSH, although, the results were not statistically significant (p=0.22).<sup>29</sup> Furthermore, dropout rates were very high with only 39% versus 58% patients receiving six cycles in the

control and intervention arm, respectively. Nevertheless, the difference in discontinuation was significantly lower in the GSH arm.<sup>29</sup> No significant difference in tumour-response rate was found.<sup>27-29</sup> These results provide evidence indicating that GSH might decrease CIPN. However, more studies are needed as dropout rates were high and long-term follow-up was lacking. Furthermore, the largest phase III trial demonstrated no significant results.

#### Calcium and magnesium infusion

Calcium and magnesium (Ca/Mg) have been proposed as neuroprotective agents by increasing extracellular calcium concentration.<sup>4,7,3°</sup> First a retrospective study demonstrated significantly less neurotoxicity with prophylactic calcium I g and magnesium I g infusion before and after oxaliplatin, compared with a historic control group (p=0.003) without compromising anti-tumour effect.<sup>31</sup> However, three years later the CONcePT trial was terminated because of a presumed lower tumour-response rate in the Ca/Mg arm, although a critical appraisal after discontinuation of this study could not confirm these findings.7.32 A concomitant study of the North Central Cancer Treatment Group (NCCTG) was terminated because of the suspected effect on anti-tumour response.32,33 Remaining data of the prematurely aborted NCCTG study demonstrated a significantly lower incidence of grade 2 or more neurotoxicity in the Ca/Mg group.33 Nevertheless, long-term follow-up data are lacking and the planned number of patients was not achieved. In response to these trials, early analyses of the Neuroxa study have been revealed and a large retrospective study has been performed.34.35 They both confirmed the neuroprotective results from Ca/Mg infusion without compromising response rate.34.35 All studies used the same dosage of Ca/Mg as the first retrospective study. Correlation of clinical effects with alterations in plasma levels could not be determined, as the plasma Ca and Mg levels were either not observed or not reported in these studies. Thus, although concerns about the safety of Ca/Mg infusions are valid, clinical trials did not demonstrate convincing differences in tumour-response rates in the Ca/ Mg infusion arms compared with placebo, while there are data supporting a neuroprotective effect of Ca/Mg infusion in oxaliplatin-induced neuropathy.32-35 Ideally, regarding the contradictory results from the presented studies, the effect of Ca/Mg on CIPN and tumour growth should be confirmed in larger randomised controlled trials.

#### Glutamine

Glutamine, a non-essential amino acid stored in skeletal muscle (75%) and liver (25%), is another investigated agent to prevent neurotoxicity.<sup>4,36,37</sup> During long periods of stress, such as malignancy, glutamine depletion develops

with negative impact on tissue functions.47,36,37 Two pilot studies suggested glutamine (10 g three times a day for four days) as a neuroprotective agent without interfering with chemotherapy response.<sup>37,38</sup> Accordingly, a randomised trial with colorectal patients reported significantly less CIPN and interference with ADL in the glutamine arm (15 g twice a day for seven consecutive days) compared with control.36 However, there were no differences in electrophysiological examination between groups.36 Furthermore, a randomised pilot study revealed no difference in the use of glutamate 500 mg.39 Since plasma glutamine levels were not assessed in any of these studies, no correlation with altered glutamine plasma levels could be determined. These results suggest that glutamine may reduce CIPN; however, results are inconsistent and need to be confirmed in large randomised, placebo-controlled trials.

#### Vitamin E

Many studies have examined the role of antioxidants such as vitamin E, vitamin C and alpha-lipoic acid. The best evidence is reported concerning vitamin E.24,7,40,41 Two small studies investigated the role of vitamin E in preventing CIPN due to cisplatin or paclitaxel.<sup>40,41</sup> In both studies, the incidence of neurotoxicity was approximately 20% versus 68% (p=0.03) in the vitamin E arm compared with the control arm, respectively. 40,41 In 2010, a phase III study showed a significantly lower incidence of neuropathy in the vitamin E group. However, only 41 out of 108 patients, with 17 in the vitamin E group, were eligible for analysis and no intention-to-treat analysis was preformed.42 Another large trial reported no difference in neuropathy.<sup>43</sup> In conclusion, there is no convincing evidence that vitamin E is beneficial in the prevention of CIPN and we do not recommend its use. Studies were of poor quality and populations were small. Besides, the largest phase III trial reported no difference in neurotoxicity in the vitamin E group compared with placebo.43

#### Erythropoietin

Erythropoietin (EPO), used in the treatment of haematological toxicity for its effect on erythropoiesis, has also been demonstrated to have neurotrophic activity and receptors in nerve axons, Schwann cells and dorsal root ganglia which protect cells from injury and apoptosis.<sup>44+48</sup> After injury, these receptors are over-expressed and the basis for therapeutic use. EPO has been shown to prevent cisplatin and docetaxel-induced neurotoxicity without compromising chemotherapeutic activity and increasing tumour growth in animal studies.<sup>44,46,49</sup> These results are very promising, especially because of its concomitant use against haematological toxicity. Therefore, the neuroprotective effect of EPO should be confirmed in clinical trials.

#### Acetyl-L-carnitine

Also acetyl-L-carnitine (ALC) was shown to reduce neuropathy in animal studies, with beneficial effect of ALC administration in rats receiving oxaliplatin.<sup>50-52</sup> A clinical study included 25 patients who developed neuropathy due to paclitaxel or cisplatin. After discontinuation of chemotherapy, they received ALC I g for eight weeks. Sensory neuropathy and motor neuropathy decreased in 60 and 79% respectively. Furthermore, a significant improvement in sensory action potential occurred.<sup>33</sup> These results should also confirmed in randomised trials.

#### Other agents

Numerous other agents have been studied for their potential effectiveness in reducing chemotherapy-induced neurotoxicity, including ORG 2766,<sup>54,55</sup> antiepileptic agents such as carbamazepine and oxacarbazepine<sup>56,57</sup>, nerve growth factor,<sup>58</sup> recombinant human leukaemia inhibitory factor (rhuLIF),<sup>59</sup> nimodipine<sup>60</sup> and ethosuximide.<sup>61</sup> Ethosuximide has been demonstrated to decrease pain induced by paclitaxel in rats.<sup>61</sup>However, other agents showed no evidence of neuroprotection and/or were only investigated in very small studies of poor quality.<sup>54,57,59,60</sup>

# SYMPTOMATIC TREATMENT OF ESTABLISHED CIPN

Neuropathic pain is a frequent problem in many chemotherapy-induced neuropathies. Recommendations on treatment of neuropathic pain in cancer patients are usually based on studies concerning 'benign' neuropathic pain, such as painful diabetic neuropathy, post-herpetic neuralgia and trigeminal neuralgia.<sup>62</sup> Although chemotherapy-induced pain may be very different from benign neuropathic pain, almost no randomised controlled studies exist for this specific condition.<sup>63,64</sup>

Dutch guidelines on neuropathic pain in cancer patients recommend treatment with the antiepileptic agents gabapentin or pregabalin, or tricyclic antidepressants (TCAs).<sup>65</sup> However, TCAs are accompanied by many adverse effects and a phase III trial did not report any difference between gabapentin compared with placebo in chemotherapy-induced neuropathic pain specifically.<sup>64,66,67</sup> Recently, the antidepressant venlafaxine, a serotonin and a norepinephrine reuptake inhibitor (SNRI), has been investigated in preventing acute oxaliplatin-induced neurotoxicity and demonstrated a significant relief of acute neurotoxicity (31% versus 5%; p=0.03) and, as secondary endpoint, less grade 3 toxicity after three months (0% versus 33%, p=0.03).<sup>67,68</sup>

### CONCLUSIONS AND RECOMMENDATIONS

The overall and progression-free survival in cancer patients was shown to be increased after the introduction of treatment with oxaliplatin, taxanes and bortezomib. Therefore, quality of life plays an increasingly important role among cancer survivors. CIPN is one of the major dose-limiting toxicities associated with these agents. Treatment of CIPN remains difficult, especially because recommendations on treatment of neuropathic pain in cancer patients are usually based on studies concerning 'benign' neuropathic pain. Therefore, we should focus on prevention. Several neuroprotective strategies, including Ca/Mg infusion, amifostine, GSH, glutamine, acetyl-Lcarnitine and erythropoietin as most promising, have been investigated.<sup>21-23,25-29,44-53,69</sup> Particularly erythropoietin is a hopeful approach to reduce CIPN because of the concomitant effect on haematological toxicity and effect on the quality of life. In addition, it has a toxicity profile itself. However, clinical evidence for standard use is insufficient. Therefore, alternative dosing regimens, early detection, and the use of treatment modification schemes based on common toxicity criteria may be necessary to limit the amount of damage associated with neurotoxic chemotherapy.

In summary, clinical evidence for the efficacy of these drugs is sparse. Consequently, no explicit recommendations on neuroprotective strategies can be given yet except for the importance of identifying high-risk patients before starting chemotherapy. In the future, trials concerning neuroprotective agents should continue. Meanwhile, alternative dosing regimes, early detection and treatment modification schemes are necessary tot limit CIPN.

### R E F E R E N C E S

- Links M, Lewis C. Chemoprotectants: a review of their clinical pharmacology and therapeutic efficacy. Drugs. 1999 Mar;57(3):293-308.
- Gutiérrez-Gutiérrez G, Sereno M, Miralles A, Casado-Sáenz E, Gutiérrez-Rivas E. Chemotherapy-induced peripheral neuropathy: clinical features, diagnosis, prevention and treatment strategies. Clin Transl Oncol. 2010;2010 Feb;12(2):81-91.
- Kannarkat G, Lasher E, Schiff D. Neurologic complications of chemotherapy agents. Curr Opin Neurol. 2007;Dec;20(6):719-25
- Ocean A, Vahdat L. Chemotherapy-induced peripheral neuropathy: pathogenesis and emerging therapies. Support Care Cancer. 2004 Sep;12(9):619-25.
- Quasthoff S, Hartung H. Chemotherapy-induced peripheral neuropathy. J Neurol. 2002(Jan;249(1)):9-17.
- 6. Farquhar-Smith P. Chemotherapy-induced neuropathic pain. Curr Opin Support Palliat Care. 2011;Mar;5(1):1-7.

- Wolf S, Barton D, Kottschade L, Grothey A, Loprinzi C. Chemotherapy-induced peripheral neuropathy: prevention and treatment strategies. Eur J Cancer. 2008 Jul;44(11):1507-15.
- Driessen C, Bax M, Houterman S, Keuning J, Nijziel M, Dercksen M, et al. Long-term neurotoxicity and major impact on quality of life after treatment with taxanes and platinum derivatives. Ann Oncol 2008;19(8):xx-xx
- Krishnan AV, Goldstein D, Friedlander M, Kiernan MC. Oxaliplatin-induced neurotoxicity and the development of neuropathy. Muscle Nerve. 2005 Jul;32(1):51-60.
- Park SB, Lin CS, Krishnan AV, Goldstein D, Friedlander ML, Kiernan MC. Utilizing natural activity to dissect the pathophysiology of acute oxaliplatin-induced neuropathy. Exp Neurol. 2011 Jan;227(1):120-7.
- Park SB, Lin CS, Krishnan AV, Goldstein D, Friedlander ML, Kiernan MC. Dose effects of oxaliplatin on persistent and transient Na+ conductances and the development of neurotoxicity. PLoS One. 2011;6(4):e18469.
- Pasetto LM, D'Andrea MR, Rossi E, Monfardini S. Oxaliplatin-related neurotoxicity: how and why? Crit Rev Oncol Hematol. 2006 Aug;59(2):159-68.
- Balayssac D, Ferrier J, Descoeur J, Ling B, Pezet D, Eschalier A, et al. Chemotherapy-induced peripheral neuropathies: from clinical relevance to preclinical evidence. Expert Opin Drug Saf. 2011;Jan 6.
- 14. Albers JW, Chaudhry V, Cavaletti G, Donehower RC. Interventions for preventing neuropathy caused by cisplatin and related compounds. Cochrane Database Syst Rev. 2011;2:CD005228.
- Pietrangeli A, Leandri M, Terzoli E, Jandolo B, Garufi C. Persistence of high-dose oxaliplatin-induced neuropathy at long-term follow-up. Eur Neurol. 2006;56(1):13-6.
- Delforge M, Blade J, Dimopoulos MA, Facon T, Kropff M, Ludwig H, et al. Treatment-related peripheral neuropathy in multiple myeloma: the challenge continues. Lancet Oncol. 2010 Nov;11(11):1086-95.
- 17. Dimopoulos MA, Mateos MV, Richardson PG, Schlag R, Khuageva NK, Shpilberg O, et al. Risk factors for, and reversibility of, peripheral neuropathy associated with bortezomib-melphalan-prednisone in newly diagnosed patients with multiple myeloma: subanalysis of the phase 3 VISTA study. Eur J Haematol. 2011 Jan;86(1):23-31.
- Tournigand C, Cervantes A, Figer A, Lledo G, Flesch M, Buyse M, et al. OPTIMOX1: a randomized study of FOLFOX4 or FOLFOX7 with oxaliplatin in a stop-and-Go fashion in advanced colorectal cancer--a GERCOR study. J Clin Oncol. 2006 Jan 20;24(3):394-400.
- Palumbo A, Facon T, Sonneveld P, Blade J, Offidani M, Gay F, et al. Thalidomide for treatment of multiple myeloma: 10 years later. Blood. 2008 Apr 15;111(8):3968-77.
- Richardson PG, Sonneveld P, Schuster MW, Stadtmauer EA, Facon T, Harousseau JL, et al. Reversibility of symptomatic peripheral neuropathy with bortezomib in the phase III APEX trial in relapsed multiple myeloma: impact of a dose-modification guideline. Br J Haematol. 2009 Mar;144(6):895-903.
- De Vos FY, Bos AM, Schaapveld M, de Swart CA, de Graaf H, van der Zee AG, et al. A randomized phase II study of paclitaxel with carboplatin +/amifostine as first line treatment in advanced ovarian carcinoma. Gynecol Oncol. 2005 Apr;97(1):60-7.
- 22. Openshaw H, Beamon K, Synold TW, Longmate J, Slatkin NE, Doroshow JH, et al. Neurophysiological study of peripheral neuropathy after high-dose Paclitaxel: lack of neuroprotective effect of amifostine. Clin Cancer Res. 2004 Jan 15;10(2):461-7.
- 23. Hilpert F, Stahle A, Tome O, Burges A, Rossner D, Spathe K, et al. Neuroprotection with amifostine in the first-line treatment of advanced ovarian cancer with carboplatin/paclitaxel-based chemotherapy--a double-blind, placebo-controlled, randomized phase II study from the Arbeitsgemeinschaft Gynakologische Onkologoie (AGO) Ovarian Cancer Study Group. Support Care Cancer. 2005 Oct;13(10):797-805.
- 24. Capizzi RL. The preclinical basis for broad-spectrum selective cytoprotection of normal tissues from cytotoxic therapies by amifostine (Ethyol). Eur J Cancer. 1996;32A Suppl 4:S5-16.

- 25. Kemp G, Rose P, Lurain J, Berman M, Manetta A, Roullet B, et al. Amifostine pretreatment for protection against cyclophosphamideinduced and cisplatin-induced toxicities: results of a randomized control trial in patients with advanced ovarian cancer. J Clin Oncol. 1996 Jul;14(7):2101-12.
- 26. Lorusso D, Ferrandina G, Greggi S, Gadducci A, Pignata S, Tateo S, et al. Phase III multicenter randomized trial of amifostine as cytoprotectant in first-line chemotherapy in ovarian cancer patients. Ann Oncol. 2003 Jul;14(7):1086-93.
- Cascinu S, Catalano V, Cordella L, Labianca R, Giordani P, Baldelli AM, et al. Neuroprotective effect of reduced glutathione on oxaliplatin-based chemotherapy in advanced colorectal cancer: a randomized, double-blind, placebo-controlled trial. J Clin Oncol. 2002 Aug 15;20(16):3478-83.
- Milla P, Airoldi M, Weber G, Drescher A, Jaehde U, Cattel L. Administration of reduced glutathione in FOLFOX4 adjuvant treatment for colorectal cancer: effect on oxaliplatin pharmacokinetics, Pt-DNA adduct formation, and neurotoxicity. Anticancer Drugs. 2009 Jun;20(5):396-402.
- Smyth JF, Bowman A, Perren T, Wilkinson P, Prescott RJ, Quinn KJ, et al. Glutathione reduces the toxicity and improves quality of life of women diagnosed with ovarian cancer treated with cisplatin: results of a double-blind, randomised trial. Ann Oncol. 1997 Jun;8(6):569-73.
- 30. Armstrong CM, Cota G. Calcium block of Na+ channels and its effect on closing rate. Proc Natl Acad Sci U S A. 1999 Mar 30;96(7):4154-7.
- 31. Gamelin L, Boisdron-Celle M, Delva R, Guerin-Meyer V, Ifrah N, Morel A, et al. Prevention of oxaliplatin-related neurotoxicity by calcium and magnesium infusions: a retrospective study of 161 patients receiving oxaliplatin combined with 5-Fluorouracil and leucovorin for advanced colorectal cancer. Clin Cancer Res. 2004 Jun 15;10(12 Pt 1):4055-61.
- Hochster HS, Grothey A, Childs BH. Use of calcium and magnesium salts to reduce oxaliplatin-related neurotoxicity. J Clin Oncol. 2007 Sep 1;25(25):4028-9.
- 33. Grothey A, Nikcevich DA, Sloan JA, Kugler JW, Silberstein PT, Dentchev T, et al. Intravenous calcium and magnesium for oxaliplatin-induced sensory neurotoxicity in adjuvant colon cancer: NCCTG No4C7. J Clin Oncol. 2011 Feb 1;29(4):421-7.
- 34. Gamelin L, Boisdron-Celle M, Morel A, Poirier AL, Berger V, Gamelin E, et al. Oxaliplatin-related neurotoxicity: interest of calcium-magnesium infusion and no impact on its efficacy. J Clin Oncol. 2008 Mar 1;26(7):1188-9; author reply 9-90.
- 35. Knijn N, Tol J, Koopman M, Werter MJ, Imholz AL, Valster FA, et al. The effect of prophylactic calcium and magnesium infusions on the incidence of neurotoxicity and clinical outcome of oxaliplatin-based systemic treatment in advanced colorectal cancer patients. Eur J Cancer. 2011 Feb;47(3):369-74.
- Wang WS, Lin JK, Lin TC, Chen WS, Jiang JK, Wang HS, et al. Oral glutamine is effective for preventing oxaliplatin-induced neuropathy in colorectal cancer patients. Oncologist. 2007 Mar;12(3):312-9.
- Vahdat L, Papadopoulos K, Lange D, Leuin S, Kaufman E, Donovan D, et al. Reduction of paclitaxel-induced peripheral neuropathy with glutamine. Clin Cancer Res. 2001 May;7(5):1192-7.
- Stubblefield MD, Vahdat LT, Balmaceda CM, Troxel AB, Hesdorffer CS, Gooch CL. Glutamine as a neuroprotective agent in high-dose paclitaxelinduced peripheral neuropathy: a clinical and electrophysiologic study. Clin Oncol (R Coll Radiol). 2005 Jun;17(4):271-6.
- Loven D, Levavi H, Sabach G, Zart R, Andras M, Fishman A, et al. Long-term glutamate supplementation failed to protect against peripheral neurotoxicity of paclitaxel. Eur J Cancer Care (Engl). 2009 Jan;18(1):78-83.
- 40. Argyriou AA, Chroni E, Koutras A, Iconomou G, Papapetropoulos S, Polychronopoulos P, et al. Preventing paclitaxel-induced peripheral neuropathy: a phase II trial of vitamin E supplementation. J Pain Symptom Manage. 2006 Sep;32(3):237-44.
- 41. Argyriou AA, Chroni E, Koutras A, Iconomou G, Papapetropoulos S, Polychronopoulos P, et al. A randomized controlled trial evaluating the efficacy and safety of vitamin E supplementation for protection against cisplatin-induced peripheral neuropathy: final results. Support Care Cancer. 2006 Nov;14(11):1134-40.

- 42. Pace A, Giannarelli D, Galie E, Savarese A, Carpano S, Della Giulia M, et al. Vitamin E neuroprotection for cisplatin neuropathy: a randomized, placebo-controlled trial. Neurology. 2010 Mar 2;74(9):762-6.
- 43. Kottschade LA, Sloan JA, Mazurczak MA, Johnson DB, Murphy BP, Rowland KM, et al. The use of vitamin E for the prevention of chemotherapy-induced peripheral neuropathy: results of a randomized phase III clinical trial. Support Care Cancer. 2010 Oct 9.
- 44. Bianchi R, Gilardini A, Rodriguez-Menendez V, Oggioni N, Canta A, Colombo T, et al. Cisplatin-induced peripheral neuropathy: neuroprotection by erythropoietin without affecting tumour growth. Eur J Cancer. 2007 Mar;43(4):710-7.
- 45. Cervellini I, Bello E, Frapolli R, Porretta-Serapiglia C, Oggioni N, Canta A, et al. The neuroprotective effect of erythropoietin in docetaxel-induced peripheral neuropathy causes no reduction of antitumor activity in 13762 adenocarcinoma-bearing rats. Neurotox Res. 2010 Aug;18(2):151-60.
- 46. Kassem LA, Yassin NA. Role of erythropoeitin in prevention of chemotherapy-induced peripheral neuropathy. Pak J Biol Sci. 2010 Jun 15;13(12):577-87.
- Keswani SC, Bosch-Marce M, Reed N, Fischer A, Semenza GL, Hoke A. Nitric oxide prevents axonal degeneration by inducing HIF-1-dependent expression of erythropoietin. Proc Natl Acad Sci U S A. 2011 Mar 22;108(12):4986-90.
- 48. Keswani SC, Buldanlioglu U, Fischer A, Reed N, Polley M, Liang H, et al. A novel endogenous erythropoietin mediated pathway prevents axonal degeneration. Ann Neurol. 2004 Dec;56(6):815-26.
- 49. Bianchi R, Brines M, Lauria G, Savino C, Gilardini A, Nicolini G, et al. Protective effect of erythropoietin and its carbamylated derivative in experimental Cisplatin peripheral neurotoxicity. Clin Cancer Res. 2006 Apr 15;12(8):2607-12.
- Flatters SJ, Xiao WH, Bennett GJ. Acetyl-L-carnitine prevents and reduces paclitaxel-induced painful peripheral neuropathy. Neurosci Lett. 2006 Apr 24;397(3):219-23.
- 51. Ghirardi O, Lo Giudice P, Pisano C, Vertechy M, Bellucci A, Vesci L, et al. Acetyl-L-Carnitine prevents and reverts experimental chronic neurotoxicity induced by oxaliplatin, without altering its antitumor properties. Anticancer Res. 2005 Jul-Aug;25(4):2681-7.
- De Grandis D. Acetyl-L-carnitine for the treatment of chemotherapyinduced peripheral neuropathy: a short review. CNS Drugs. 2007;21 Suppl 1:39-43; discussion 5-6.
- 53. Bianchi G, Vitali G, Caraceni A, Ravaglia S, Capri G, Cundari S, et al. Symptomatic and neurophysiological responses of paclitaxel- or cisplatin-induced neuropathy to oral acetyl-L-carnitine. Eur J Cancer. 2005 Aug;41(12):1746-50.
- 54. van der Hoop RG, Vecht CJ, van der Burg ME, Elderson A, Boogerd W, Heimans JJ, et al. Prevention of cisplatin neurotoxicity with an ACTH(4-9) analogue in patients with ovarian cancer. N Engl J Med. 1990 Jan 11;322(2):89-94.
- Roberts JA, Jenison EL, Kim K, Clarke-Pearson D, Langleben A. A randomized, multicenter, double-blind, placebo-controlled, dose-finding study of ORG 2766 in the prevention or delay of cisplatin-induced neuropathies in women with ovarian cancer. Gynecol Oncol. 1997 Nov;67(2):172-7.

- 56. von Delius S, Eckel F, Wagenpfeil S, Mayr M, Stock K, Kullmann F, et al. Carbamazepine for prevention of oxaliplatin-related neurotoxicity in patients with advanced colorectal cancer: final results of a randomised, controlled, multicenter phase II study. Invest New Drugs. 2007 Apr;25(2):173-80.
- Wilson RH, Lehky T, Thomas RR, Quinn MG, Floeter MK, Grem JL. Acute oxaliplatin-induced peripheral nerve hyperexcitability. J Clin Oncol. 2002 Apr 1;20(7):1767-74.
- Cavaletti G, Bogliun G, Marzorati L, Zincone A, Piatti M, Colombo N, et al. Early predictors of peripheral neurotoxicity in cisplatin and paclitaxel combination chemotherapy. Ann Oncol. 2004 Sep;15(9):1439-42.
- 59. Davis ID, Kiers L, MacGregor L, Quinn M, Arezzo J, Green M, et al. A randomized, double-blinded, placebo-controlled phase II trial of recombinant human leukemia inhibitory factor (rhuLIF, emfilermin, AM424) to prevent chemotherapy-induced peripheral neuropathy. Clin Cancer Res. 2005 Mar 1;11(5):1890-8.
- 60. Cassidy J, Paul J, Soukop M, Habeshaw T, Reed NS, Parkin D, et al. Clinical trials of nimodipine as a potential neuroprotector in ovarian cancer patients treated with cisplatin. Cancer Chemother Pharmacol. 1998;41(2):161-6.
- Flatters SJ, Bennett GJ. Ethosuximide reverses paclitaxel- and vincristineinduced painful peripheral neuropathy. Pain. 2004 May;109(1-2):150-61.
- 62. Finnerup NB, Sindrup SH, Jensen TS. The evidence for pharmacological treatment of neuropathic pain. Pain. 2010 Sep;150(3):573-81.
- Bennett MI. Effectiveness of antiepileptic or antidepressant drugs when added to opioids for cancer pain: systematic review. Palliat Med. 2010 Jul 29.
- 64. Rao RD, Michalak JC, Sloan JA, Loprinzi CL, Soori GS, Nikcevich DA, et al. Efficacy of gabapentin in the management of chemotherapy-induced peripheral neuropathy: a phase 3 randomized, double-blind, placebocontrolled, crossover trial (NooC3). Cancer. 2007 Nov 1;110(9):2110-8.
- Vissers KCP, Besse TC, Groot CM, Raats CJI, Rosenbrand CJGM, Vonk-Okhuijsen SY, et al. Landelijke richtlijnwerkgroep Pijn bij kanker 2008; 1.1.
- 66. Saarto T, Wiffen PJ. Antidepressants for neuropathic pain. Cochrane Database Syst Rev. 2007(4):CD005454.
- 67. Durand JP, Deplanque G, Montheil V, Gornet JM, Scotte F, Mir O, et al. Efficacy of venlafaxine for the prevention and relief of oxaliplatin-induced acute neurotoxicity: results of EFFOX, a randomized, double-blind, placebo-controlled phase III trial. Ann Oncol. 2011 Mar 22.
- Rowbotham MC, Goli V, Kunz NR, Lei D. Venlafaxine extended release in the treatment of painful diabetic neuropathy: a double-blind, placebocontrolled study. Pain. 2004 Aug;110(3):697-706.
- Keswani SC, Leitz GJ, Hoke A. Erythropoietin is neuroprotective in models of HIV sensory neuropathy. Neurosci Lett. 2004 Nov 23;371(2-3):102-5.