

# Awards for best articles published in the Netherlands Journal of Medicine in 2004

In 2004 we started a fine tradition of awarding prizes for three categories of papers published in the Journal: the best original article, case report and review.<sup>1</sup> As established by the mission statement, the primary goal of the Journal is to inform the practicing internist about current developments in healthcare. Another important goal is to provide the young researcher with a forum to publish his/her first study results. We hope that this tradition stimulates young researchers to publish their work in the Journal. In 2005, the jury consisted of colleagues P.W de Leeuw, A.E. Meinders, and C. Gaillard and they had the difficult task of selecting the best paper from each category.

## Review article

Articles from this category were judged according to clinical relevance, comprehensiveness, educational value, and value for the general internist. The jury awarded the first prize in this category to the article on prevention of infections in hyposplenic and asplenic patients as written by Drs Melles and De Marie.<sup>2</sup> The jury emphasised that this paper dealt with this important topic in a practical and highly enticing way.

## Case report

In this category, the jury selected the article on a boy with autosomal recessive hypercholesterolaemia by Dr Rodenburg *et al.*<sup>3</sup> This paper contained an astute clinical description of the case with autosomal recessive hypercholesterolaemia and is an excellent example of clinical reasoning that led to the correct diagnosis, finally confirmed by novel molecular diagnostic techniques.

## Original article

The article written by Dr Spoelstra-De Man *et al.* was chosen as the best paper from the category for original articles.<sup>4</sup> This article shows that treatment with folic acid in patients with type 2 diabetes mellitus and mild hyperhomocysteinaemia does not result in amelioration of the markers of endothelial dysfunction or inflammation. Although the results of this study are negative, it has immediate clinical implications.

At the 2005 Convention for Internal Medicine (Internistendagen) in Maastricht, the Netherlands on 21 and 22 April 2005, the prizes were awarded by the Editor in

chief Anton F. Stalenhoef to the first authors from these papers. The award is unique in its kind and consisted of a choice of one of the original prints of the graphic art as published on the cover of each issue of the Journal.

**The editors,  
The Netherlands Journal of Medicine**

## REFERENCES

1. Anonymous. The Netherlands Journal of Medicine awards for best original article, case report and review. *Neth J Med* 2004;62:176.
2. Melles DC, de Marie S. Prevention of infections in hyposplenic and asplenic patients: an update. *Neth J Med* 2004;62:45-52.
3. Rodenburg J, Wiegman A, Vissers MN, Kastelein JJ, Stalenhoef AF. A boy with autosomal recessive hypercholesterolaemia. *Neth J Med* 2004;62:89-93.
4. Spoelstra-de MA, Brouwer CB, Terheggen F, Bollen JM, Stehouwer CD, Smulders YM. No effect of folic acid on markers of endothelial dysfunction or inflammation in patients with type 2 diabetes mellitus and mild hyperhomocysteinaemia. *Neth J Med* 2004;62:246-53.

I really felt awarded  
when I saw my paper  
published in the Journal!

