

A tender erythematous facial plaque

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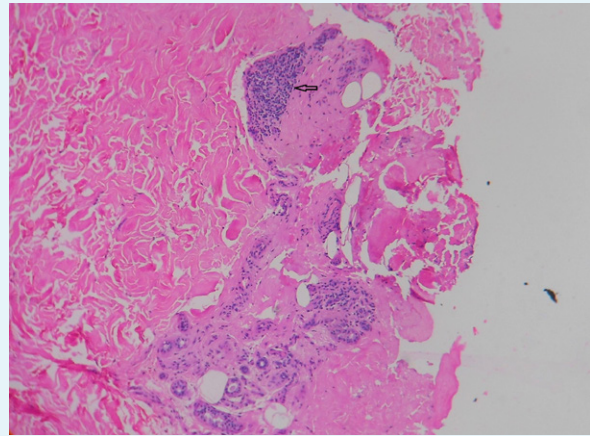
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Figure 1. A well-demarcated, tender, erythematous and anaesthetic plaque with polycyclic margin over left side of face. A cord-like thickened, greater auricular nerve over left side of neck was visible (black arrow).



Figure 2. Histopathological examination of the skin biopsy showed epithelioid granulomas (black arrow) arranged in a curvilinear pattern along the neurovascular bundle.



CASE REPORT

A 26-year-old gentleman presented with a 3-month history of red-coloured rash over his face. The patient was treated with topical corticosteroid as a case of eczema, before presenting to us. He also complained of fever and joint pain in the preceding one month. Examination revealed a well-demarcated, tender, erythematous, and anaesthetic plaque with a polycyclic margin over the left side of his face. A cord-like, thickened, and tender greater auricular nerve over the left side of his neck was noted (figure 1). A thickened and tender ulnar

nerve was documented on his left arm. Laboratory examination was notable for increased erythrocyte sedimentation rate (25 mm/hr, reference range 0-15 mm/hr). Histopathological examination of the erythematous margin revealed epithelioid granulomas arranged in a curvilinear pattern along the neurovascular bundle (figure 2). Fite-Faraco staining was negative.

WHAT IS YOUR DIAGNOSIS?

See page 209 for the answer to this photo quiz.